



## Cardiology on the Move Diagnostics Inc

Phone (778) 841- 0125 Fax (250) 729- 2674

Unit 204 - 1515 Dufferin Crescent, Nanaimo, BC, V9S 5H6

---

Your doctor has ordered this test to record your hearts activity over a one- or two-week period. You must remove the monitor in order to shower and the technologist will have shown you how to remove and re-attach the leads.

The device will be looking for all abnormalities your heart rhythm may have during the exam however we need to know when it is you are feeling symptoms and you must activate the event button in order to ensure we will have data to view from the times you felt unwell. Always carry this diary with you and enter the Time/Activity/Symptom of any abnormalities you may feel during the exam. In order to record an event, simply press and the (REC) button your technician showed you. Then log the event on your diary.

**YOU DO NOT WRITE IN THE DIARY UNLESS YOU HAVE PRESSED THE RECORD BUTTON.**

GENERALLY, YOU SHOULD LOG IN THE DIARY:

- Date and Time of Day for every entry made.
- Any symptoms you may be having (Ex: chest, any pain in the neck, arm or face, heart pounding, dizziness, nausea, shortness of breath etc.)
- Enter the activity you were doing when these symptoms occurred.

IMPORTANT TO NOTE:

- Do not get the recorder wet
- Do not use an electric blanket
- Please do not use lotion on the chest area during the duration of this test.
- Do not open device cover or remove battery or SD card.

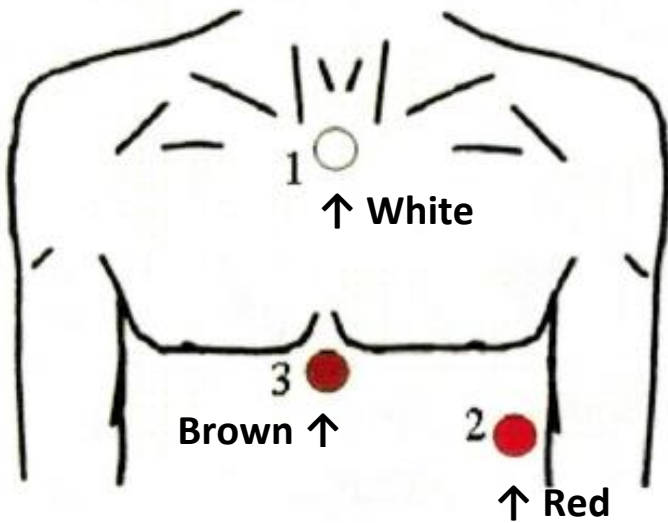
FEES AND CHARGES:

- If the monitor is lost or damaged, there will be a replacement charge of \$2500.00
- If monitor is returned late, you may be subject to a late fee.

Thank you

Colin Quigg, RCT

YOUR LEFT SIDE



End Date: \_\_\_\_\_

4: Attach new electrodes in the zones listed on diagram.

- Always keep the recorder in its protective bag. **Do not** expose the device to liquids nor tamper with the device.
- You must remove the electrodes in order to bathe or shower. Please do not re-use the same electrodes once they have been removed.
- Please do not keep the electrode on for more than 48 hours. It is recommended that you change the electrodes every couple of days.
- Do not place the new electrode in the same spot, attach the new electrode in a clockwise rotation around the original spot.

[illegible]

[illegible]

[illegible]